



GVSU Laker Dance Team



Tryout for the 2010-2011 Laker Dance Team Information & Dates: **May 1st & 2nd, 2010** GVSU Fieldhouse South Gym

Dear Potential Laker Dance Team Member:

The Grand Valley State University Laker Dance Team would like to inform all interested dancers about our upcoming tryouts for the 2010-2011 season.

We are a group of athletic women who perform during the men's home football and basketball games. The team also makes many special appearances throughout the year and competes nationally at the NDA Collegiate Dance Competition in Daytona Beach, Florida.

You will find more information in the enclosed packet regarding the team and tryouts. For more information or any questions, please feel free to contact the Laker Dance Team 2010-2011 co-captain, Lauren Gilfillan at (616) 299-5300, or email us at lakerdanceteam@hotmail.com.

Best of luck!
Lauren Gilfillan & Jessie Dluzynski
2009-2010 Co-Captains
Laker Dance Team
Grand Valley State University

LAKER DANCE TEAM TRYOUTS

Grand Valley State University

The Laker Dance Team ideally looks to keep the performance team membership at approximately 16 – 17 members. With exception to 2010-11 team captains, all current members of the Laker Dance Team must audition each year, as there are no guaranteed places on the team.

The LDT is looking for spirited dancers who are ready to represent their university with pride as we support Laker Athletics at Grand Valley!

Tryout Requirements:

- Please arrive early to register!
- A completed tryout *Registration and Waiver Form*
- **Current GVSU Students:** Please bring your class schedule for the 2010-2011 academic year and evidence showing your accumulated grade point average of 2.0 or higher.
- **Incoming freshman or transfer students:** Please bring proof of your admission acceptance to Grand Valley State University for the 2010-2011 academic year.
- A \$25 **non-refundable** registration fee is collected to cover administrative and publicity fees related to the tryout. (Cash payments are preferred, or please make your check payable to the Laker Dance Team)

AUDITION SCHEDULE

Saturday, May 1st, 2010

GVSU Fieldhouse South Gym

*Posted signs will lead you to the correct location inside the Fieldhouse

9:30 a.m.	Registration
10:00 a.m.	Meeting with the captains
10:15 a.m.	Warm-up and stretch
11:00 a.m.	Learn tryout routine
12:30 p.m.	Break for lunch (there will be information given about local food options)
1:30 p.m.	Meeting regarding Sunday's audition – Each dancer will have an opportunity to sign-up for their individual tryout time at this meeting.
1:45 p.m.	Technical skills
2:45 p.m.	Review tryout dance
3:30 p.m.	Individual questions and help if needed
4:00 p.m.	Dismissal

Sunday, May 2nd, 2010

GVSU Fieldhouse South Gym

Final Auditions will begin at 11:00 a.m. on Sunday, May 2nd. Dancers are required to wear black fitted dance pants, a solid, white, fitted top and dance shoes. Tennis shoes will not be permitted.

All participants will receive an e-mail and/or text message at the end of the audition day once the scores have been tallied and the 2010-2011 Laker Dance Team has been chosen. **If you have been selected, please be prepared to attend our first informational team meeting on that Sunday evening.** The approximate time for this meeting will be between the hours of 6:00-8:00 p.m., however further details regarding this meeting will be given out at the audition. This is a required meeting to discuss the dates, details, and expectations of the following year.

****IF YOU ARE UNABLE TO ATTEND TRYOUTS****

There is another option! You may also audition by video. For more information, please e-mail lakerdanceteam@hotmail.com with "Video Tryout Information" in the subject line or call Lauren Gilfillan (616-299-5300). Even though this option has been made available, an in-person audition is highly encouraged and will provide the judges and captains with the best representation of each dancer's abilities. We strongly urge everyone to make arrangements to be present on both try-out days.

FOR MORE INFORMATION:

For more information regarding tryouts, or if you have any questions, please call the co-captain listed below or email the team at:

lakerdanceteam@hotmail.com

Lauren Gilfillan (616-299-5300)

Thank You and GOOD LUCK!



Laker Dance Team Policies & Important Information

Attendance:

Each team member is allowed **zero** un-excused absences. The only acceptable excuse for missing any fundraiser, performance, game, practice, or event is class. Each team member is strongly encouraged to schedule their classes around the weekly commitments of dance team.

Summer Practice:

The following summer 2010 dates are mandatory for all team members:

June 18, 19, 20: Team Meeting, Social, Practice, & Fundraising

July 9, 10, & 11: Team Meeting, Social, Practice, & Fundraising

July 31, August 1 & 2: (NDA Camp in Louisville, Kentucky)

August 27, 28, & 29: Team Meeting, Social, Practice, & Fundraising

The following spring 2011 dates are mandatory for all team members:

April 6, 7, 8, 9, & 10: NDA Collegiate Dance Competition - Daytona Beach

School-Year Practice:

The following practice schedule is tentative and subject to change:

Fall Semester -

Monday and Wednesday:

Work out 8:00pm – 9:00pm

Practice 9:00pm-11:00pm

Sunday:

Practice 5:00pm – 8:00pm

Winter Semester -

Monday and Wednesday:

Work out 8:00pm – 9:00pm

Practice 9:00pm - 11:00pm

Thursday:

Practice 9:00pm – 11:00pm

Sunday:

Practice 5:00pm – 8:00pm

Practice times are subject to change during preparation for competitions. The team **will** be required to return a few days early from winter break to learn the choreography for the national routines.

Practices consist of a variety of physical activity to improve our dance technique as well as each team member's physical fitness as a whole. These activities include weight training and strengthening exercises, running, stretching, and of course, dancing. Any dancer unable to participate in this type of training should reconsider trying out.

Sporting Events & Dance Camp:

The Laker Dance Team season runs year round; it is mandatory for each team member to commit to the dance team obligations for the entire year. This includes all practices, games, fundraisers, and events.

Football season runs from August until December.

Basketball season runs from November until March.

If the football and/or basketball team participates in their respective National Championship game, the Laker Dance Team is required to attend the event to support these GVSU athletic programs. It will be expected that each dancer make arrangements to attend these events even at short notice.

LDT will be attending the National Dance Alliance's College Dance Camp in Louisville, Kentucky from July 31st – August 2nd, 2010. Each member is expected to attend this camp.

Finances:

All members of the team are required to attend all fundraisers held throughout the summer and academic year. This money funds the team for uniforms, poms, choreography, camp, competition expenses, dues, etc.

All members will be responsible to cover the cost of any required items that they will be keeping beyond the season (ex: shoes, tights, bra tops, etc.). Every dancer is required to pay \$300 by **May 21st, 2010** to cover all clothing for camp, along with other uniform pieces and accessories.

As a confirmation of your commitment, a \$100 deposit from each dancer will be required. This payment is due at the first summer practice, **June 18th, 2010**. This deposit will be returned upon completion of the season. If any member resigns or is dismissed from the team mid-season, they are responsible for any items and expenses they incur or are in their name and will forfeit their deposit.

Fundraising:

All team members are required to get a total of \$300 in sponsors by the first home football game. If a member is unable to meet this deadline, they will be financially responsible for the remaining amount. Additional information on acquiring sponsors will be given out at the first summer dance team meeting in June.

There are many fundraisers throughout the season in which all team members are required to attend. If any member misses a fundraiser due to an unexcused absence, they will be expected to donate their portion of the total money raised during that event.

Each team member will be responsible for initiating and organizing at least one fundraising opportunity for the team. This will be discussed further at the first summer dance team meeting in June.

New Laker Dance Team policy under university rulings:

Since the Laker Dance Team is considered a club sport, we allow prospective dancers to attend Sunday practices. However, only the dancers who were selected at the spring tryout are eligible to perform with the team, obtain uniforms, etc. The captains/coach hold the right to have another audition for National competing purposes if they feel fit.

It is important that every prospective member thoroughly reads the responsibilities of a Laker Dance Team member. By signing below, you are agreeing that you understand all of the Laker Dance Team obligations and policies as outlined in this document and will follow them if you are chosen for the performance team.

X _____ (Date)

(Prospective Laker Dance Team Member)



Laker Dance Team Tryouts – 2010-2011
Registration and Waiver Form

Name: _____ **Phone Number:** (____) _____
Does the above number receive text messages? Yes _____ No _____

Email Address (WRITE LEGIBALLY): _____

Mailing Address: STREET ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

Birthdate: _____ **Current Year at GVSU:** _____ **GPA:** _____

High School Attended: _____

Dance Experience: (List all Dance Teams, Studio, Cheerleading, Gymnastics, Drill Teams, etc.)

Other Interests and Hobbies:

Will you be available on the following dates? (please check Y/N)

_____ June 18-20, 2010 _____ July 9-11, 2010 _____ July 31-August 2, 2010 _____ August 27-29, 2010
and _____ April 6-10, 2011

Please explain why you would like to be part of the Laker Dance Team and what you think you could bring to this team?

I understand from my past involvement with dance in general, that there is always a risk of potential physical injury and neither GVSU nor the Laker Dance Team would be liable for any personal injuries I might incur during, or as a result of this tryout. I also understand that neither GVSU nor the Laker Dance Team is responsible for any damage or loss to my personal property while attending this 2-day tryout session.

X _____ (Prospective Laker Dance Team Member) _____ (Date)